

JERICO ROAD COMMUNITY HEALTH CENTER
Clinical Policies and Procedures



Controlled Substances
Policy Number: 18.7

Original Effective Date: March 14, 2013
Reviewed & approved: September, 2020

Purpose

To document how Jericho Road Community Health Center (JRCHC) providers manage and prescribe controlled substances to patients.

Policy

JRCHC providers will carefully handle controlled substance medication prescribing due to the high risk of addiction, the possibility for abuse of controlled substances, and to manage risk for JRCHC. For some patients, a controlled substance is the best treatment option so we will apply these procedures when a controlled substance is prescribed.

Following are some of the policies JRCHC providers adhere to when prescribing controlled substances to patients. These are also carefully reviewed and listed in the patient controlled substance agreement:

- Patients must be seen at least once every 3 months in person.
- Refills will usually be granted at a patient's visit.
- Patients must receive narcotic pain medication from only one provider. The patient must inform the clinical team if they receive these medications from anywhere else and make a choice.
- Patients agree not to share narcotic pain medications with others due to the risk of addiction and harm.
- Patients will only fill narcotic medications at one pharmacy. Patients must note their preferred pharmacy.
- Patients will agree to discontinue cocaine use.
- JRCHC will not prescribe narcotics to patients at their first new patient visit. It is our goal to build a relationship with each patient and carefully assess the needs and issues of each patient.
- JRCHC will perform random urine or oral toxicity screening whenever a provider thinks it is necessary and at least once per year. Urine should only have the drug prescribed in it - no illegal substances.
- JRCHC will not give medication refills on these medications outside regular business hours.
- JRCHC will perform screening to ensure narcotic pain medication is right for the patient. This may include lab testing, X-rays, referrals to other providers, addiction screening, etc.

Procedure

Before prescribing controlled substances, providers will review the risks associated with controlled substances and all patients prescribed controlled substances must sign a patient controlled substances agreement.

This policy and procedure was reviewed and approved by the JRCHC Board of Directors.

Board Chair Signature:

 Date: 9/30/2020

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